

POST CHEMICAL PEEL CARE

1. Use recommended post-procedure skin care such as CU3 Complex Healing Kit.
2. Avoid sun exposure and wear a sunscreen daily. Talk to your Skincare Specialist about a customized skincare regimen.
3. Avoid vigorous activity and hot heat (no hot water, saunas, steam rooms, and tanning beds).
4. Chemical Peels are not recommended for clients on prescription medications such as Retin-A and Accutane.
5. Stay away from Hydroxy Acids, Retinols, and Hydroquinone immediately following your treatment.
6. Do not use harsh scrubs to the skin following treatment.
7. Do not pick at the skin during the peeling process. This can cause post hyperpigmentation to the skin. Let the peeling process happen naturally.
8. You can apply Vaseline as a mask during the peeling process for moisture retention.
9. Avoid waxing or any other depilatories to the skin one week after treatment.
10. Avoid Injectibles for one week after treatment.
11. Avoid drinking Alcohol.

EXPECTATIONS

VERY SUPERFICIAL EXFOLIATION (Level I)

Day 1-2 Skin will feel dry and tight. Slight redness may occur. Little to no peeling may occur with this level of peel. Level one peel is prepping the skin for peel advancement.

SUPERFICIAL EXFOLIATION (Level II)

Day 1-3 The skin may feel dry and tight. More redness may occur. Some peeling/flaking may occur depending patient skin. Follow post instructions.

MODERATE EXFOLIATION (Level III)

Day 1-2 The skin may feel tighter for 1-2 days. The skin may deepen in color due to pigment lifting. Day 3-7 consists of the peeling process. Peeling varies depending client's skin condition and the advancement of peel. Skin may become raw and irritated.

Avoid any irritants

to the skin and follow skincare guidelines by your skincare specialist.

ADVANCED EXFOLIATION (Level IV)

Day 1 The skin maybe a frosted white color for first few hours. This will eventually fade to a redness. The skin will feel dry and tight. Swelling may occur. Apply cool compresses to soothe skin. Day 2 Skin will still feel tight. Skin may deepen in color due to pigment lifting.

Day 3-7 During this time your skin will begin sloughing. Do not pick or remove any of the peeling skin. This can result in scarring to the skin. The skin may become raw and sensitive during this time. Follow post instructions and products recommended by your

skincare specialist. As with any treatment, please notify your skincare specialist with any concerns/irritations post procedure.