

Fitzpatrick Skin Type Questionnaire

Name: Date:

My ethnic origin is closest: (choose one)	I. Very Fair	
, ,	II. Fair-Skinned Caucasians with Light Hair and Light Eyes	
	III. Pale-Skinned Caucasians with Dark Hair and Dark Eyes	
	IV. Olive-Skinned	
	V. Dark-Skinned	
	VI. Very Dark-Skinned	
My eye color is:	Light Blue	0
	Blue/Green	1
	Green/Gray/Golden	2
	Hazel/Light Brown	3
	Brown	4
My natural hair color at age 18 was:	Red	0
	Blonde	1
	Light Brown	2
	Dark Brown	3
	Black	4
The color of my skin that is not normally	Pink to reddish	0
exposed to sun is:	Very pale	1
	Pale with a beige tint	2
	Light Brown	3
	Medium to dark brown	4
	Dark brown-black	6
If I go out into the sun for an hour or so	Burn, blister and peel	0
without sunscreen and have not been out in	Burn, no change in pigment color when burn heals	1
the sun for weeks, my skin will:	Burn, then turns to tan in a few days	2
	Get pink, then turns to tan quickly	3
	Just tan	4

		Just gets darker	5
		My skin color is so dark I can't tell	6
When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?		Longer than one month ago	0
		Within the past month	1
		Within the past two weeks	3
		Within the past week	4
If your score is:	Your Skin Type is:	Total Score	
o to 3	I	Notes:	•
4 to 7	II		
8 to 11	III		
12 to 15	IV		
16 to 19	V		
20 to 24	VI		