



HYDRAFACIAL PRE TREATMENT INSTRUCTIONS

- Discontinue use of Accutane for 1 year
- Do not use any topical prescriptive medications for 48 hours (Retin-A, Tazorac, Dierin, EpiDuo, Ziana)
- Refrain from any type of exfoliating treatments (glycolic, enzymes) to the area of treatment for 48 hours
- Refrain from waxing and use of depilatories for 48 hours
- Discontinue use of over the counter acne medication (Benzoyl Peroxide, Salicylic) for 72 hrs
- If you are prone to cold sores, HydraFacial may cause a break out; ask our staff for a prophylactic treatment such as Valtrex
- Avoid sun tanning or tanning creams/sprays for at least 72 hrs
- Post injections (Radiesse, Juvederm) wait at least 2 week. Botox at least 5 days
- Shaving is not recommended before Gentlemen's HydraFacial Treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment

HYDRAFACIAL POST TREATMENT INSTRUCTIONS

- Strenuous exercise or any activity that causes excessive perspiration is not recommended for 24 hours after a Hydrafacial treatment.
- Sun tanning and tanning beds must be avoided due to increase in photosensitivity after Hydrafacial treatment.
- Do not use any prescription topicals for 72 hours after treatment
- Refrain from waxing and use of depilatories for at least 7 days.
- Use of cold compresses can be used to relieve the "wind burn" feeling.
- Only recommended makeup may be applied one hour post treatment.
- Avoid swimming in a chlorinated pool the day of procedure

